Network of Glucose-Induced Signals for Insulin Secretion

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Pancreatic ß-Cells within Islets of Langerhans Respond to Nutrients

- ß-Cells function to secrete insulin in response to food intake
- Insulin functions to store ingested fuels appropriately
- Signals that initiate and maintain secretion are generated by fuel metabolism in ß-cells
- ß-Cells are most sensitive to glucose but also sense fats and amino acids

The question we asked is how does metabolism of a simple fuel like glucose stimulate the complex pathway of insulin secretion.



The consensus model of insulin secretion is based on evidence that glucose metabolism in β -cells uniquely, leads to opening of voltage sensitive calcium channels via changes in the membrane potential induced by a rise in the ATP/ADP ratio that closes the ATP-sensitive K⁺ channel (K_{ATP}),



Insulin secretion coincides with the rise in Ca2+. This slide provides validation for the model by showing that the predicted changes occur with an appropriate time course. Malonyl CoA also changes early. This is the main link between glucose and fat as ATP source.



The time course of changes in metabolites is consistent with a metabolisminduced event. Glucose Metabolism Raises Cytosolic Ca²⁺ and Provides an Important Signal for Insulin Secretion

Is it the only one?

This is one signal. Is it the one and only?



Although a rise in Ca^{2+} is needed for secretion, it is not sufficient to explain the normal range of responses to glucose.



 O_2 consumption is a measure of glucose oxidation in the mitochondria.. This slide shows that there is a very nice correlation between glucose induced secretion and oxygen consumption in clonal β -cells. The half-max is the same for both.



It is well-established that insulin secretion increases the ATP/ADP ratio. This slide points out that an increase in the ATP/ADP RATIO actually decreases oxygen consumption. This apparent quandary can be solved in two possible ways.

First, the ATP/ADP ratio oscillates and the troughs in the ratio are responsible for the increase in oxygen consumption.

Second, factors other than the ATP/ADP ratio are responsible for the increase in respiration, such as calcium, FFA or LC-CoA.



Malonyl CoA links glucose metabolism and fat metabolism. It is produced from glucose and inhibits fat from entering the mitochondria and consequently increasing in the cytosol..



Malonyl CoA content correlates with insulin secretion



Fat is the main fuel for β -cell mitochondria under basal conditions but stimulatory glucose leads to a switch in fuels from fat to glucose through Malonyl CoA. Malonyl CoA itself is not known to have any signaling function except to inhibit CPT-1, the enzyme that controls fat entry into the mitochondria. McGarry had shown long before in liver that CPT-1 activity and therefore malonyl CoA was the determinant of whether LC-CoA (active form of fatty acids) would be oxidized or converted to complex lipids. FFA oxidation is the main energy source in β -cells.



Triacsin C inhibits activation of FFA to LC-CoA. Orlistat inhibits TG breakdown to FFA. If these events are important inhibiting them should effect secretion.



This shows that, as predicted, orlistat (the triglyceride lipase inhibitor) also blocks glucose-induced secretion in a concentration dependent manner.



Inhibiting activation of FFA to LC-CoA with triacsin C also inhbits insulin secretion.

Important Players So Far

- The ATP/ADP ratio
- Ca²⁺
- O₂ consumption
- LC-CoA/malonyl CoA
- Are there important patterns to consider?



Most single β -cells respond to glucose with an oscillatory Ca^{2+} response with similar amplitude.



Analyzing hundreds of β -cells yields an increasing integrated Ca²⁺ response but no change in the average amplitude of Ca²⁺ oscillations. Thus the Ca²⁺ response is oscillatory and due to recruitment of more cells as glucose increases.



Both Ca²⁺ and LC-CoA directly stimulate exocytosis but both together are more effective. Cells are permeabilized by inducing small pores with a detergent.



The most effective acyl CoAs that stimulate exocytosis are long-chain

What Signals are Essential? What Signals are Sufficient?

- Increased cytosolic Ca²⁺
- Increased LC-CoA derived from FFA
- Increased redox
- Increased ROS production
- Changes in the ATP/ADP ratio
- All are sufficient to cause secretion
- None induce the normal pattern!

ROS is a shorthand for all reactive oxygen species including peroxide. Tools are not available to measure the variety of ROS in real time, hence the lack of specificity.

Model Predicts Oscillatory Changes

- Glucose uses ATP, produces ADP and lowers the ATP/ADP ratio in the first 2 steps.
- Glycolysis and oxidative phosphorylation are stimulated by decreases and inhibited by increases in the ATP/ADP ratio
- This regulation causes oscillations in metabolism
- The change in ATP has opposite effects on Ca²⁺ and O₂

Mechanism for Oscillations

- Phosphofructokinase is inhibited by ATP and activated by its PRODUCT.
- This causes an overshoot in ATP production and inhibition of PFK.
- Glucokinase, the first step and glucose sensor of ß-cells maintains a steady rate of glucose phosphorylation and ATP use.
- Oscillations in ATP/ADP impact many steps.

Phosphofructokinase exerts the strongest rate control for glycolysis because it is highly regulated.



Increasing glucose increases insulin secretion and the amplitude of oscillations.



The ATP/ADP ratio oscillates in response to stimulatory glucose



O2 consumption oscillates in response to stimulatory glucose



These data indicate that LC-CoA oscillates but out of phase with insulin.



Mitochondrial membrane potential oscillates with a variable amplitude depending on the strength of stimulation.



ROS is produced in β -cell mitochondria in an oscillatory manner. An initial overshoot is rapidly compensated. This is an illustration of multiple cells in a single experiment over a time period of 30 min.

Glucose-Induced Oscillations Provide an Additional Metabolic Signal for Insulin Secretion

It is important to consider time in assessing metabolic regulation since metabolism changes very rapidly.

Summary of Oscillatory Processes

- Insulin secretion
- Oxygen consumption
- ATP/ADP ratio
- Redox state (NAD(P)H)
- Cytosolic Ca²⁺
- Membrane potential
- ROS production
- Probably all metabolites

Advantages of an Oscillatory Network

- Greater range of signals with higher peaks and lower troughs
- Continuous control
- Prevent desensitization to insulin in the periphery
- Diabetics and relatives lose oscillatory secretion







Thank You