

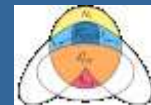
# **Information Theory for Network Physiology**

*Multivariate and Multiscale Methods to Dissect  
the Information Content of Brain, Cardiovascular  
and Muscular Networks*

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# NETWORK PHYSIOLOGY: A NEW FIELD IN SYSTEM MEDICINE AND BIOLOGY



*“The human organism is an integrated network where complex physiologic systems, each with its own regulatory mechanisms, continuously interact, and where failure of one system can trigger a breakdown of the entire network”*

[A. Bashan et al., Nature Communications 2012]

*A new field, Network Physiology, is needed to probe the interactions among diverse physiologic systems*

Different organ systems dynamically **interact** to accomplish vital functions

- **Traditional, “reductionist” approach**

*To study the function of single organ in isolation*

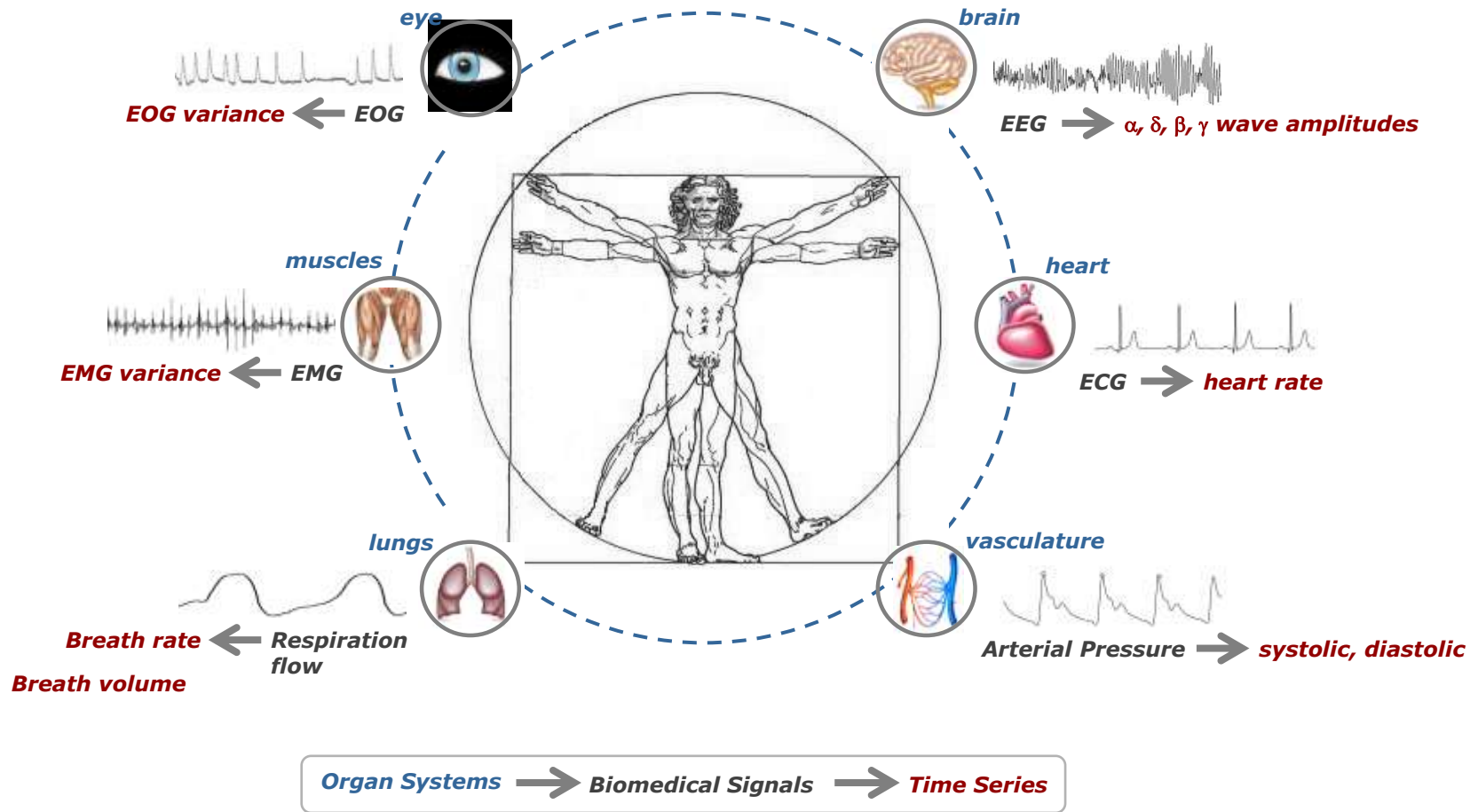
- **New approach, fostered by Network Physiology**

*To look simultaneously at multiple organs*

*Each organ system is seen as a node of a complex network of physiological interactions*

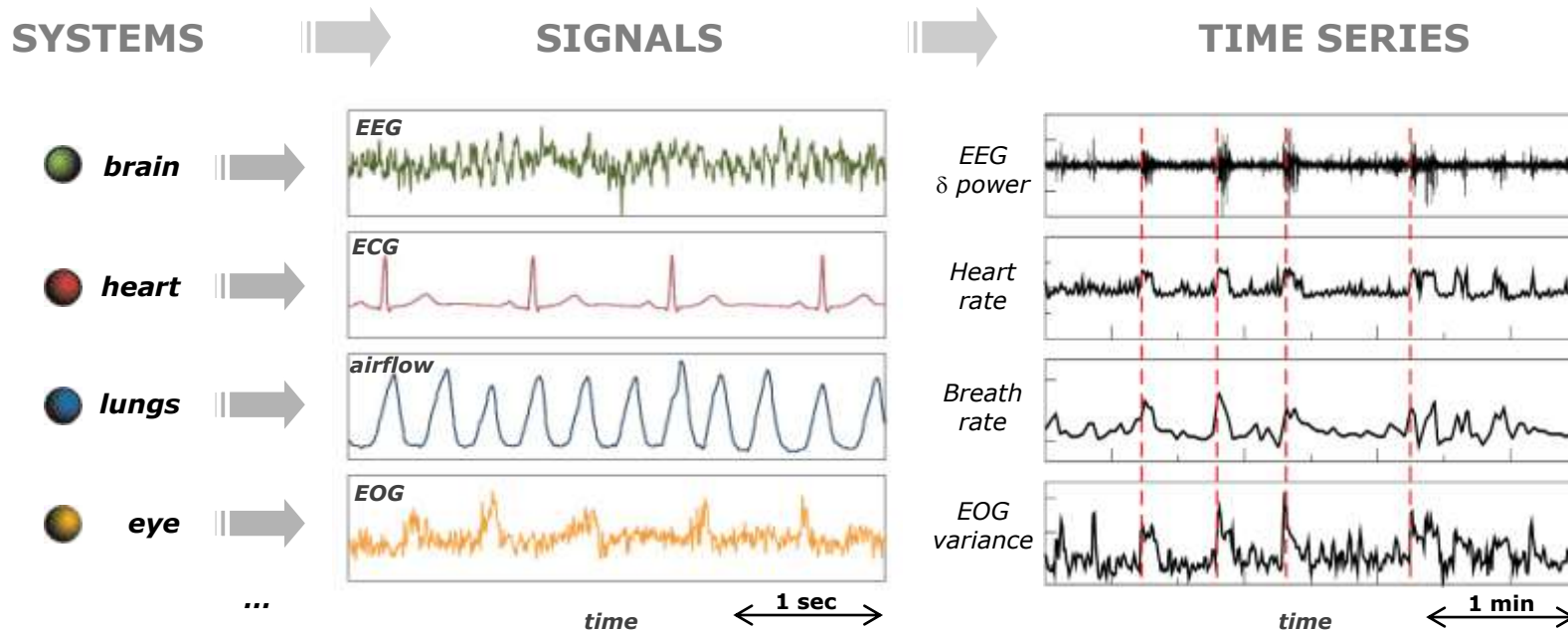


# How to extract valuable information from physiological signals?





# Network Physiology has high potential but is still in large part unexplored



### ISSUES:

- ✓ *Multiple network nodes* → ✓ **Multivariate** measures
- ✓ *Multiple time scales* → ✓ **Multi-scale** measures
- ✓ *non-linear dynamics* → ✓ **Nonlinear** measures

• Challenging problems for physicists, engineers and physiologists

• We face these issues with the unifying framework of **INFORMATION DYNAMICS**



# INFORMATION DYNAMICS: THEORY

- **Information-theoretic analysis of dynamical systems**
- **Information Measures**
- **Information Decomposition**
  - *Information Storage*
  - *Information Transfer*
  - *Information Modification*

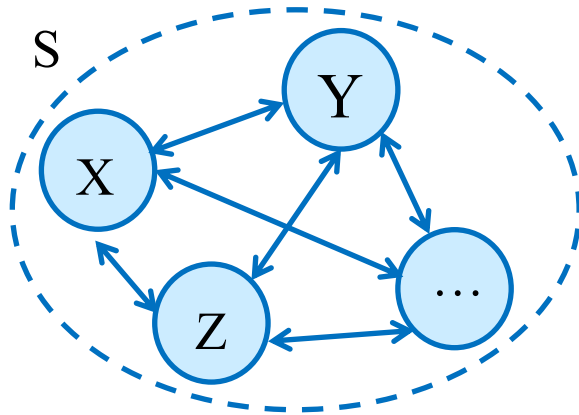


### Physiological Networks

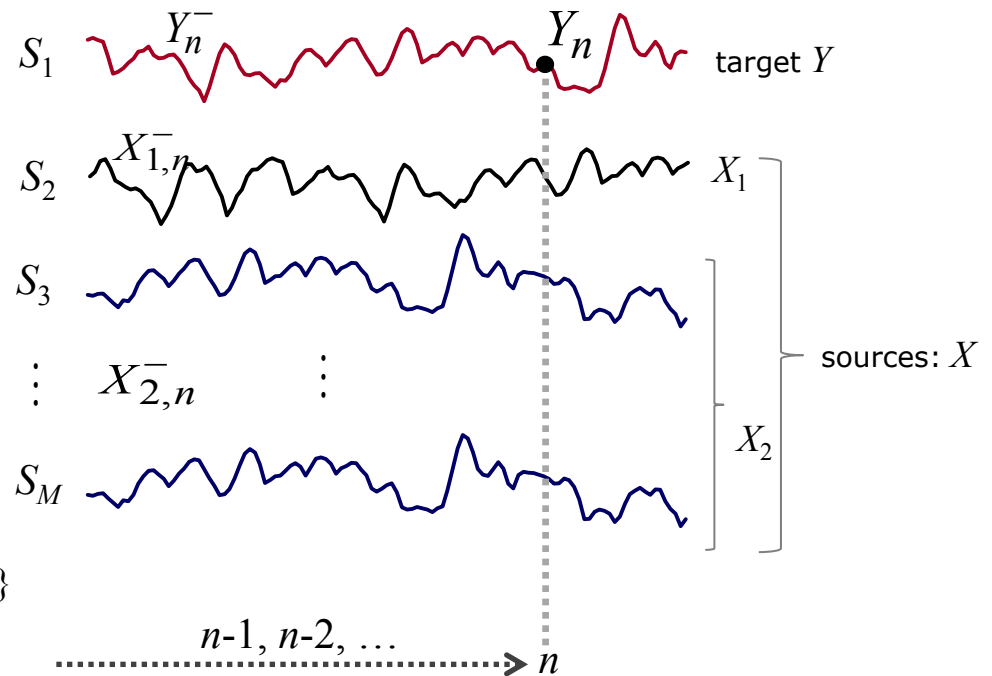


### Networks of Dynamical systems

- Dynamic System  $S = \{S_1, \dots, S_M\}$



- Dynamic Process  $S$

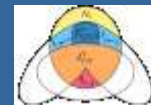


- With reference to a target system  $Y$  :

$$X = \{X_1, \dots, X_{M-1}\} \longrightarrow S = \{X_1, \dots, X_{M-1}, Y\} = \{X, Y\}$$

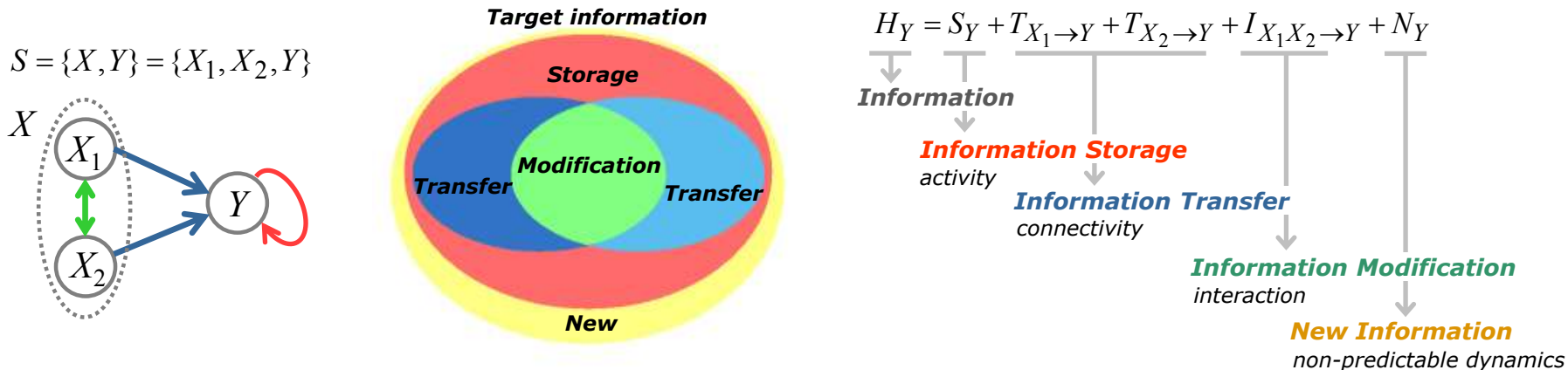
### Investigation of Statistical dependencies:

- ✓ **SELF effects:**  $Y_n^- \rightarrow Y_n$   $\longrightarrow$  **Information storage**
- ✓ **CAUSAL effects:**  $X_n^- \rightarrow Y_n$   $\longrightarrow$  **Information transfer**
- ✓ **INTERACTION effects:**  $(X_{1,n}^- \leftrightarrow X_{2,n}^-) \rightarrow Y_n$   $\longrightarrow$  **Information modification**

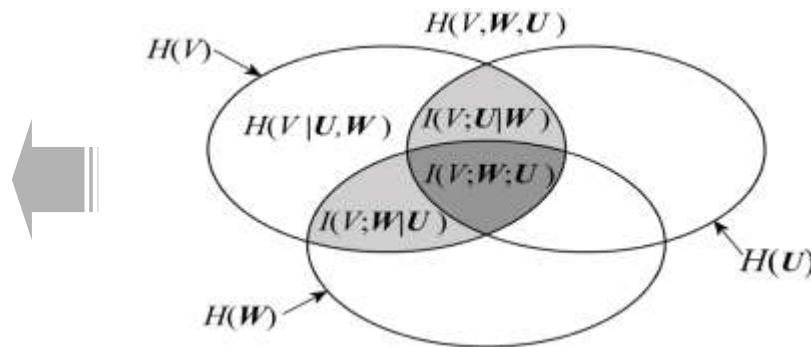
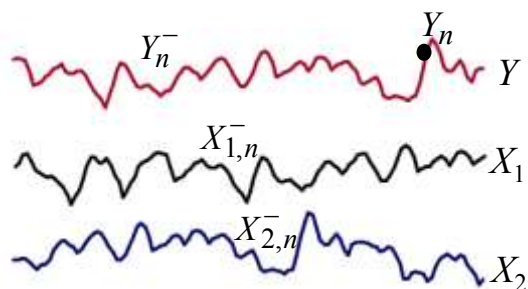


# THE FRAMEWORK OF INFORMATION DYNAMICS

- Decomposition of the "information" contained in the target process



- Computation: basic information theoretic measures



**ENTROPY:**  
 $H(V) = -E[\log p(v)]$

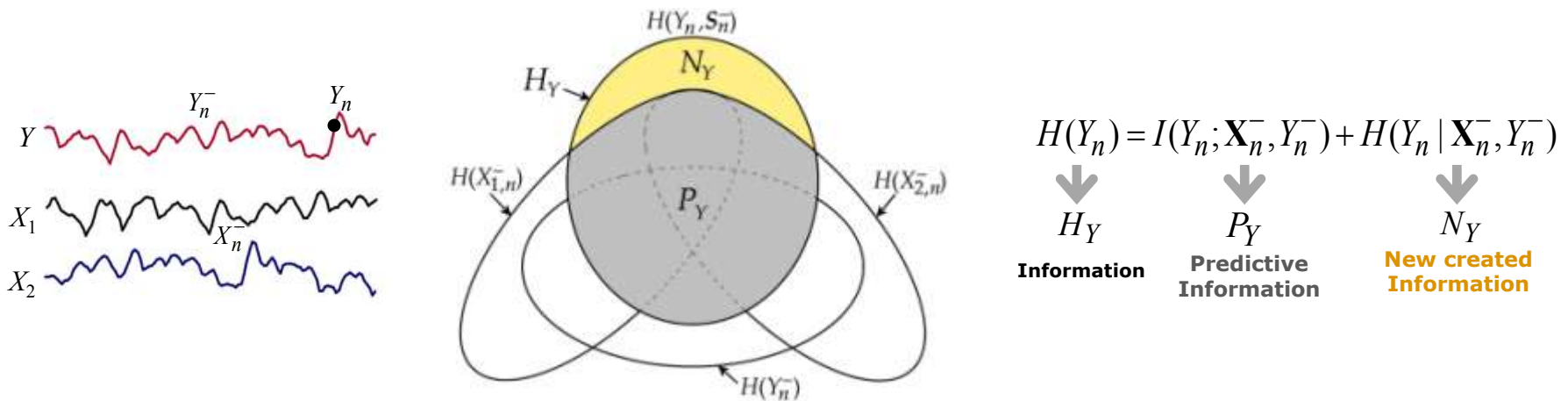
**CONDITIONAL ENTROPY:**  
 $H(V|U) = H(V,U) - H(U)$

**MUTUAL INFORMATION:**  
 $I(V;U) = H(V) - H(V|U)$   
 $I(V;U|W) = H(V|W) - H(V|U,W)$

**INTERACTION INFORMATION:**  
 $I(V;U;W) = I(V;U) + I(V;W) - I(V;U,W)$



## TARGET INFORMATION DECOMPOSITION



- **Present Information** about  $Y$  :  $H_Y = H(Y_n)$   
Information contained in the present of the process  $Y$



***Uncertainty about the present state of the target***

- **Predictive Information** about  $Y$  :  $P_Y = I(Y_n; Y_n^-, X_n^-)$   
Information contained in the past of  $S=(X,Y)$  that can be used to predict the present of the target  $Y$



***Predictability of the target given the past network states***

- **New information** about  $Y$  :  $N_Y = H(Y_n | Y_n^-, X_n^-)$   
Information contained in the present of  $Y$  that cannot be predicted from the past of  $S=(X,Y)$

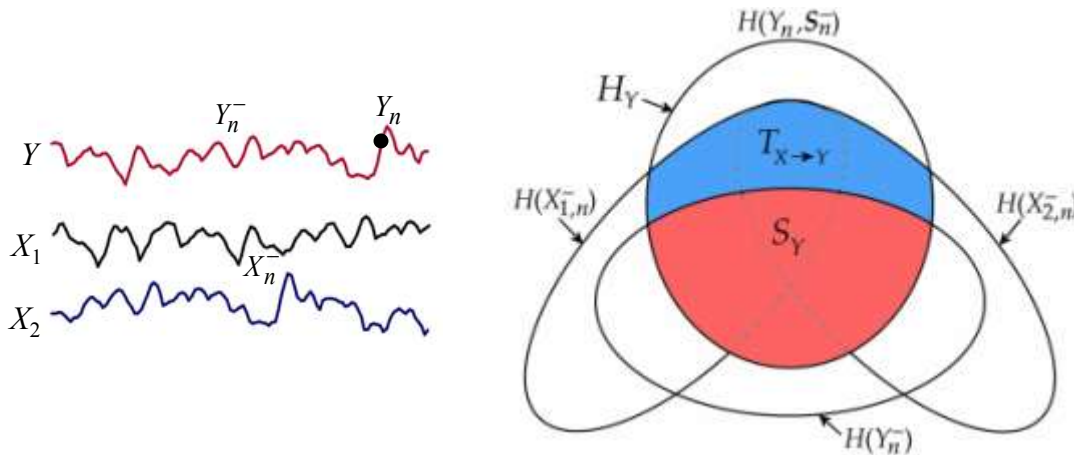


***Information generated in the target by the state transition***





## PREDICTIVE INFORMATION DECOMPOSITION



$$I(Y_n; \mathbf{X}_n^-, Y_n^-) = I(Y_n; Y_n^-) + I(Y_n; \mathbf{X}_n^- | Y_n^-)$$



$P_Y$   
Predictive  
Information



$S_Y$   
Information  
Storage



$T_{X \rightarrow Y}$   
Information  
Transfer

- **Predictive Information** about  $Y$ :  $P_Y = I(Y_n; Y_n^-, X_n^-)$

Information contained in the past of  $S=(X,Y)$  that can be used to predict the present of the target  $Y$



**Predictability of the target  
given the network past states**

- **Information Storage** in  $Y$ :  $S_Y = I(Y_n; Y_n^-)$

Information contained in the past of  $Y$  that can be used to predict its present



**Predictability of the target  
from its own past states**

- **Information transfer** from  $X$  to  $Y$ :  $T_{X \rightarrow Y} = I(Y_n; X_n^- | Y_n^-)$

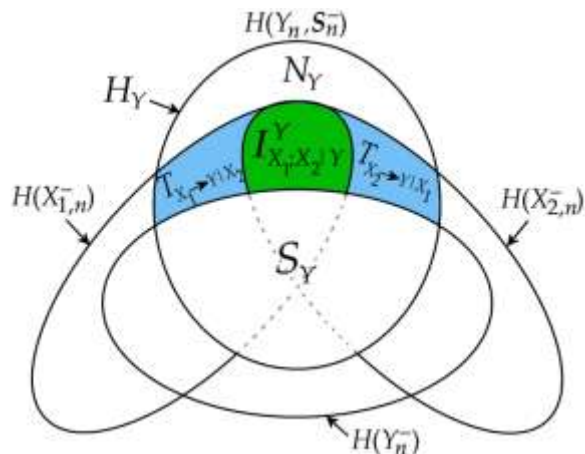
Information contained in the past of  $X$  that can be used to predict the present of  $Y$  above and beyond the information contained in the past of  $Y$



**Causal interactions from all  
sources to the target**



## INFORMATION TRANSFER DECOMPOSITION



$$I(Y_n; \mathbf{X}_n^- | Y_n^-) = I(Y_n; X_{1,n}^- | Y_n^-, X_{2,n}^-) + I(Y_n; X_{2,n}^- | Y_n^-, X_{1,n}^-) + I(Y_n; X_{1,n}^-; X_{2,n}^- | Y_n^-)$$

↓  
 $T_{X \rightarrow Y}$   
Information Transfer

↓  
 $T_{X_1 \rightarrow Y | X_2}$   
Conditional information transfer

↓  
 $T_{X_2 \rightarrow Y | X_1}$

↓  
 $I_{X_1; X_2 | Y}^Y$   
Interaction Information Transfer

- **Information transfer** from X to Y :  $T_{X \rightarrow Y} = I(Y_n; X_n^- | Y_n^-)$

Information contained in the past of X that can be used to predict the present of Y above and beyond the information contained in the past of Y

→ **Causal interactions from all sources to the target**

- **Conditional information transfer**:  $T_{X_1 \rightarrow Y | X_2} = I(Y_n; X_{1,n}^- | Y_n^-, X_{2,n}^-)$

Information contained in the past of  $X_1$  that can be used to predict the present of Y above and beyond the information contained in the past of Y and  $X_2$

→ **Causal interactions from one source to the target**

- **Interaction information transfer**:  $I_{X_1; X_2 | Y}^Y = I(Y_n; X_{1,n}^-; X_{2,n}^- | Y_n^-)$

Information contained in the past of  $X_1$  and  $X_2$  that can be used to predict the present of Y when  $X_1$  and  $X_2$  are taken individually but not when they are taken together

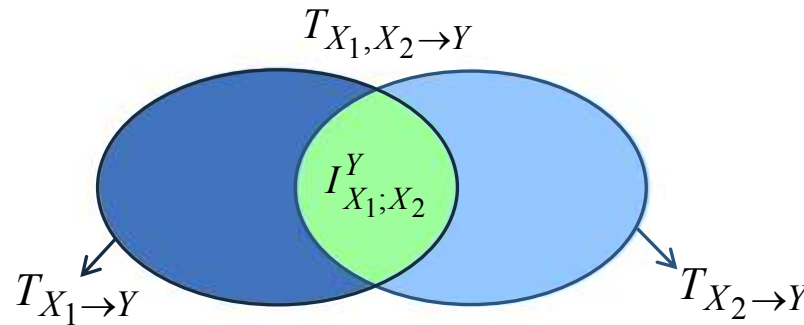
→ **Redundant or synergistic interactions contributing to transfer**



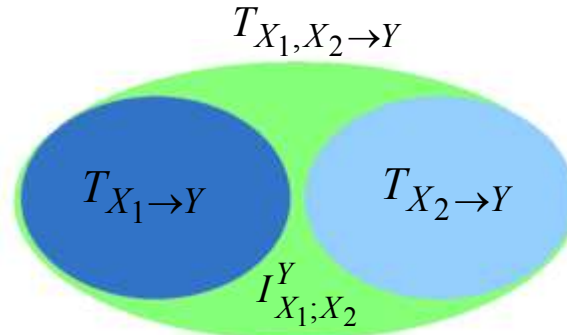
# INFORMATION MODIFICATION: REDUNDANCY AND SYNERGY

- **Interpretation of Information Modification:**  $I_{X_1;X_2}^Y = T_{X_1 \rightarrow Y} + T_{X_2 \rightarrow Y} - T_{X_1, X_2 \rightarrow Y}$

**REDUNDANCY:**  $T_{X_1, X_2 \rightarrow Y} < T_{X_1 \rightarrow Y} + T_{X_2 \rightarrow Y} \Rightarrow I_{X_1;X_2}^Y > 0$



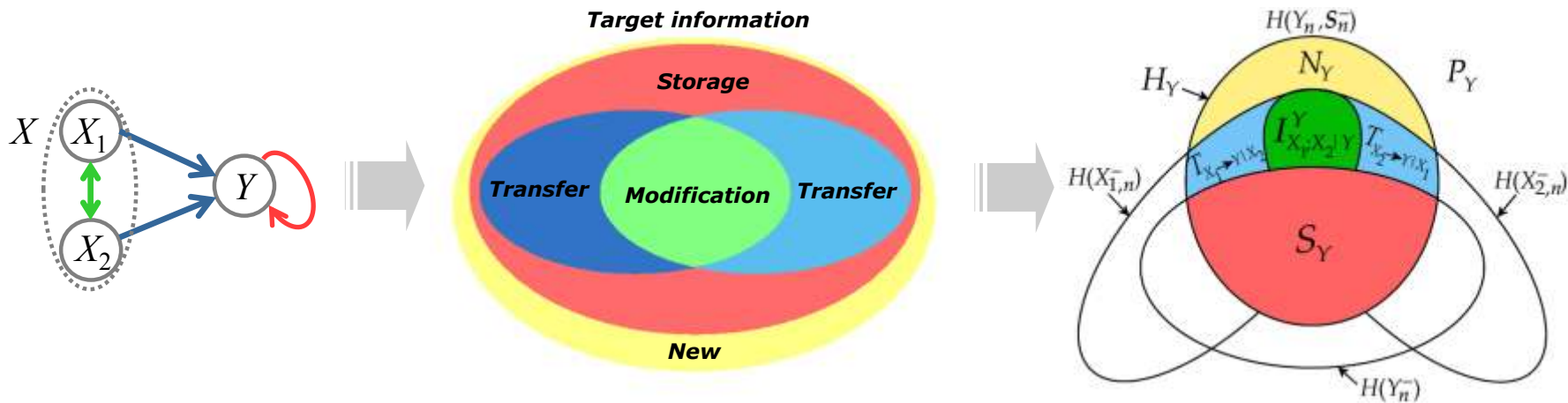
**SYNERGY:**  $T_{X_i, X_j \rightarrow Y} > T_{X_i \rightarrow Y} + T_{X_j \rightarrow Y} \Rightarrow I_{X_i;X_j}^Y < 0$



**Interaction information can be negative: synergy!**



# THE FRAMEWORK OF INFORMATION DYNAMICS



$$H_Y = N_Y + P_Y = N_Y + S_Y + T_{X \rightarrow Y} = N_Y + S_Y + T_{X_1 \rightarrow Y|X_2} + T_{X_2 \rightarrow Y|X_1} + I_{X_1; X_2|Y}^Y$$

$H_Y$  (Information) → **New Information** (unpredictable dynamics)  
 $P_Y$  (Predictive) → **New Information** (unpredictable dynamics)  
 $S_Y$  (Information Storage) → **Information Storage** (predictable activity) → **Information Transfer** (causal connectivity)  
 $T_{X \rightarrow Y}$  (Transfer) → **Information Transfer** (causal connectivity)  
 $T_{X_1 \rightarrow Y|X_2} + T_{X_2 \rightarrow Y|X_1}$  (Conditional Transfer) → **Conditional Transfer** (direct causal connectivity)  
 $I_{X_1; X_2|Y}^Y$  (Interaction Transfer) → **Interaction Transfer** → **Information Modification** (interaction between systems)

L Faes, A Porta, G Nollo, 'Information decomposition in bivariate systems: theory and application to cardiorespiratory dynamics', *Entropy, special issue on "Entropy and Cardiac Physics"*, 2015, 17:277-303.

L Faes, A Porta, G Nollo, M Javorka, 'Information decomposition in multivariate systems: definitions, implementation and application to cardiovascular networks', *Entropy, special issue on Multivariate Entropy Measures and their applications*, 2017, 19(1), 5



# INFORMATION DYNAMICS: ESTIMATION

- Linear model-based estimator
- Nonlinear model-free estimators →
  - *Binning*
  - *Kernel*
  - *Nearest neighbor*
- Challenges of model-free estimation



## PRACTICAL COMPUTATION OF INFORMATION DYNAMICS

- All measures of Information dynamics are expressed in terms of measures of **(conditional) entropy**, **(conditional) mutual information**, or **interaction information**
- Estimation of entropy for variables with different dimension**

- Example: Information Storage**



$$S_Y = I(Y_n; Y_n^-) = H(Y_n) - H(Y_n | Y_n^-) = H(Y_n) - H(Y_n, Y_n^-) + H(Y_n^-)$$

### Approximation of the past history

$$Y_n^- = [Y_{n-1} Y_{n-2} \dots] \quad \rightarrow \quad Y_n^- \cong Y_n^L = [Y_{n-1} Y_{n-2} \dots Y_{n-L}]$$

### Computation

Discrete variables

$$H(Y_n) = - \sum_{y_n \in \Omega_Y} p(y_n) \log p(y_n)$$

$$H(Y_n^-) \cong H(Y_n^L) = - \sum_{y_{n-1}} \dots \sum_{y_{n-L}} p(y_n^L) \log p(y_n^L)$$

Continuous variables

$$H(Y_n) = - \int_{D_Y} p(y_n) \log p(y_n) dy_n$$

$$H(Y_n^-) \cong H(Y_n^L) = - \int_{D_Y} \dots \int_{D_Y} p(y_n^L) \log p(y_n^L) dy_{n-1} \dots dy_{n-L}$$



## PARAMETRIC ESTIMATION: LINEAR METHOD

- Exact Computation under the **assumption of Gaussianity**

✓ **Entropy of  $Y_n$**  :  $H_Y = H(Y_n) = \frac{1}{2} \ln 2\pi e \cdot \sigma(Y_n)$

✓ **Conditional Entropy of  $Y_n$  given  $Y_n^- \cong Y_n^L$**  :  $H(Y_n | Y_n^-) \cong H(Y_n | Y_n^L) = \frac{1}{2} \ln 2\pi e \cdot \sigma(Y_n | Y_n^L)$

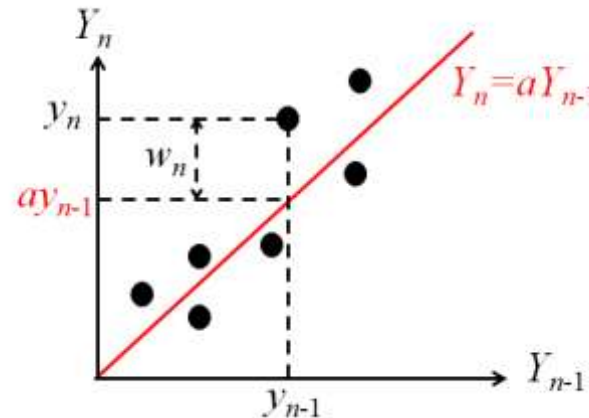
↑  
**linear regression of  $Y_n$  on  $Y_{n-1}, \dots, Y_{n-L}$**  :  $Y_n = a_1 Y_{n-1} + \dots + a_L Y_{n-L} + W_n$

$\sigma(Y_n | Y_n^L) = \sigma_W^2$  [Barnett et al, Phys Rev Lett 2009]

✓ **Information Storage of  $Y$**  :  $S_Y = I(Y_n; Y_n^-) \cong H(Y_n) - H(Y_n | Y_n^L) = \frac{1}{2} \ln \frac{\sigma_Y^2}{\sigma_W^2}$

- Example:  $L=1$

$$Y_n^L \cong Y_n^1 = Y_{n-1}$$





## NONPARAMETRIC ESTIMATION: BINNING METHOD

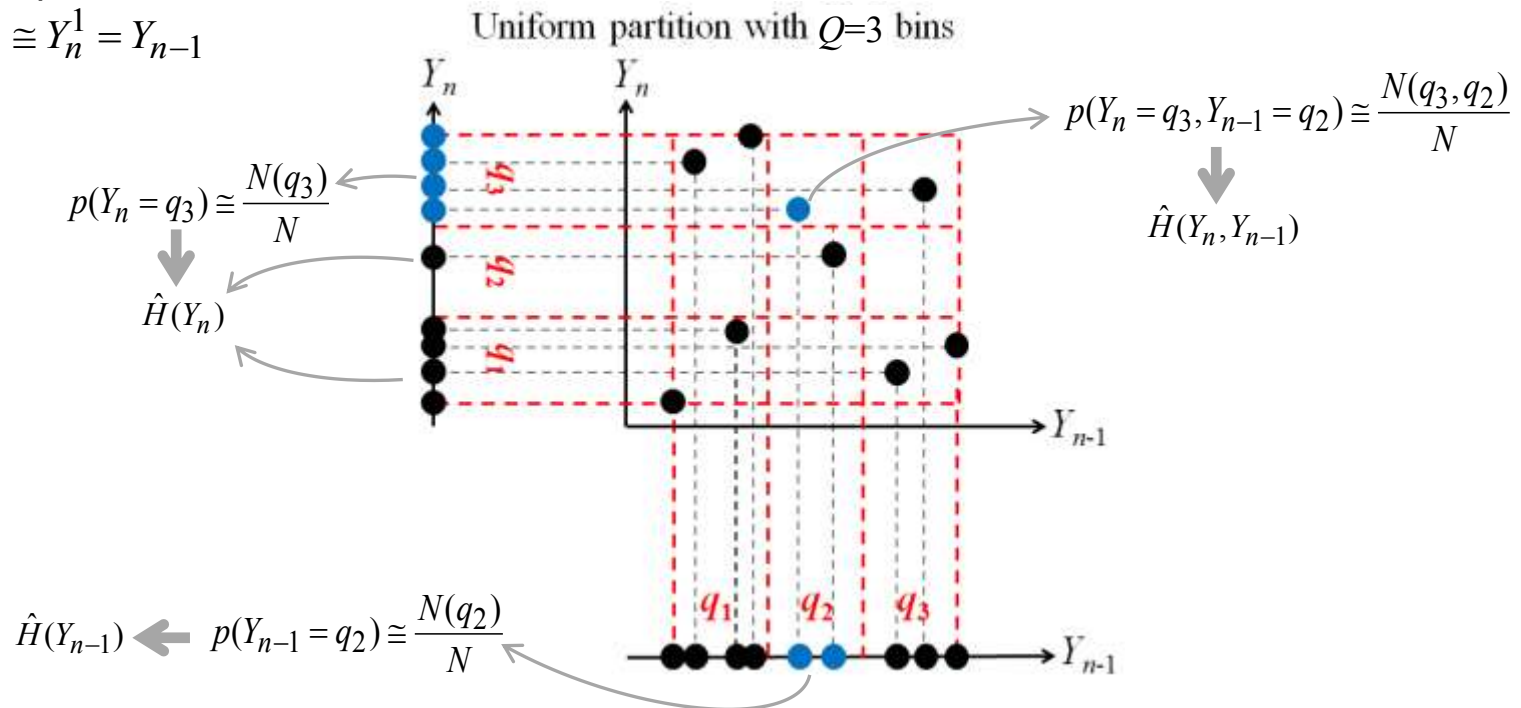
- Discretization of continuous random variables using quantization levels

✓ **Target Information of  $Y$**  :  $H_Y = H(Y_n)$

✓ **Information Storage of  $Y$**  :  $S_Y = I(Y_n; Y_n^-) \cong I(Y_n; Y_n^L) = \hat{H}(Y_n) - \hat{H}(Y_n, Y_n^L) + \hat{H}(Y_n^L)$

✓ Example:  $L=1$

$$Y_n^L \cong Y_n^1 = Y_{n-1}$$







## NONPARAMETRIC ESTIMATION: KERNEL METHOD

- Entropy computation using kernel functions to weight distances between points

- Probability of  $d$ -dimensional variable  $X$ :  $\hat{p}(x_n) = \frac{1}{N} \sum_{i=1}^N K(\|x_n - x_i\|)$

- Entropy:**  $H(X) = -E[\log p(x)] \cong -\log \langle \hat{p}(x) \rangle$

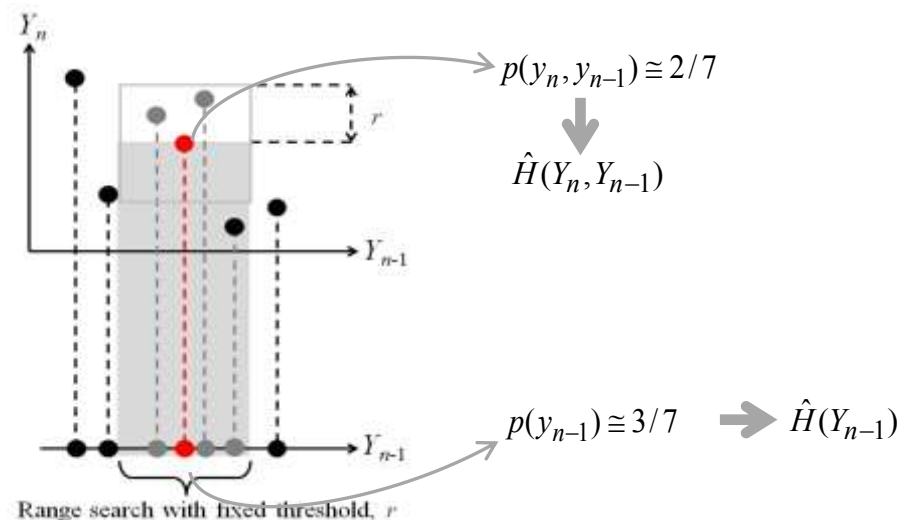
Heaviside kernel function:  $K = \Theta(\|z_n - z_i\|) = \begin{cases} 1 & , \|z_n - z_i\| \leq r \\ 0 & , \|z_n - z_i\| > r \end{cases}$

✓ **Target Information of  $Y$ :**  $H_Y = H(Y_n) = -\log \langle p(y_n) \rangle$

✓ **Information Storage of  $Y$ :**  $S_Y = I(Y_n; Y_n^-) \cong I(Y_n; Y_n^L) = \hat{H}(Y_n) - \hat{H}(Y_n, Y_n^L) + \hat{H}(Y_n^L) \rightarrow S_Y = \log \left\langle \frac{p(y_n, y_n^L)}{p(y_n)p(y_n^L)} \right\rangle$

- Example:  $L=1$

$$Y_n^L \cong Y_n^1 = Y_{n-1}$$





## NONPARAMETRIC ESTIMATION: NEAREST NEIGHBOR METHOD

- Entropy computation from the statistics of distances between neighboring points in a multidimensional space

$$H(X) = -E[\log p(x)] \cong -\psi(k) + \psi(N) + d \langle \log \varepsilon_n \rangle$$

$\psi$  : Digamma function  $\psi(x) = \frac{d \log \Gamma(x)}{dx}$   
 $\varepsilon$  : 2·distance from  $x_n$  to its  $k$ -th neighbor  
 $N$  : number of outcomes of  $X$

- Strategy for bias compensation in the estimation of entropies for variables of different dimension

$$\hat{H}(Y_n, Y_n^L) = -\psi(k) + \psi(N) + (L+1) \langle \log \varepsilon_n \rangle \rightarrow \text{Neighbor Search}$$

distance from  $(y_n, y_n^L)$  to its  $k$ -th neighbor in the outcomes of  $(Y_n, Y_n^L)$

$$\hat{H}(Y_n) = -\langle \psi(N_{Y_n}) \rangle + \psi(N) + \langle \log \varepsilon_n \rangle \rightarrow \text{Range Search}$$

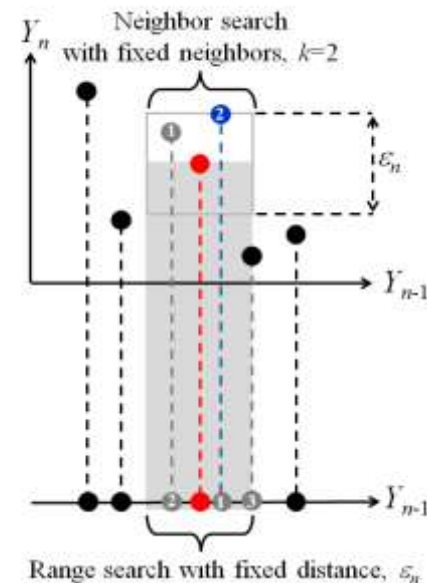
$$\hat{H}(Y_n^L) = -\langle \psi(N_{Y_n^L}) \rangle + \psi(N) + L \langle \log \varepsilon_n \rangle \rightarrow \text{Range Search}$$

number of outcomes of  $Y_n^L$  with distance to  $y_n^L$  strictly lower than  $\varepsilon_n/2$



$$S_Y = \hat{H}(Y_n) - \hat{H}(Y_n, Y_n^L) + \hat{H}(Y_n^L) = \psi(N) + \psi(k) - \langle \psi(N_{Y_n^L}) + \psi(N_{Y_n}) \rangle$$

Example:  $L=1$   $Y_n^L \cong Y_n^1 = Y_{n-1}$





## ESTIMATION: SIMULATION EXAMPLE

- Test on stochastic process with short-term dynamics and long-range correlations

- Fractionally-integrated autoregressive process:  $A(L)(1-L)^d Y_n = U_n$

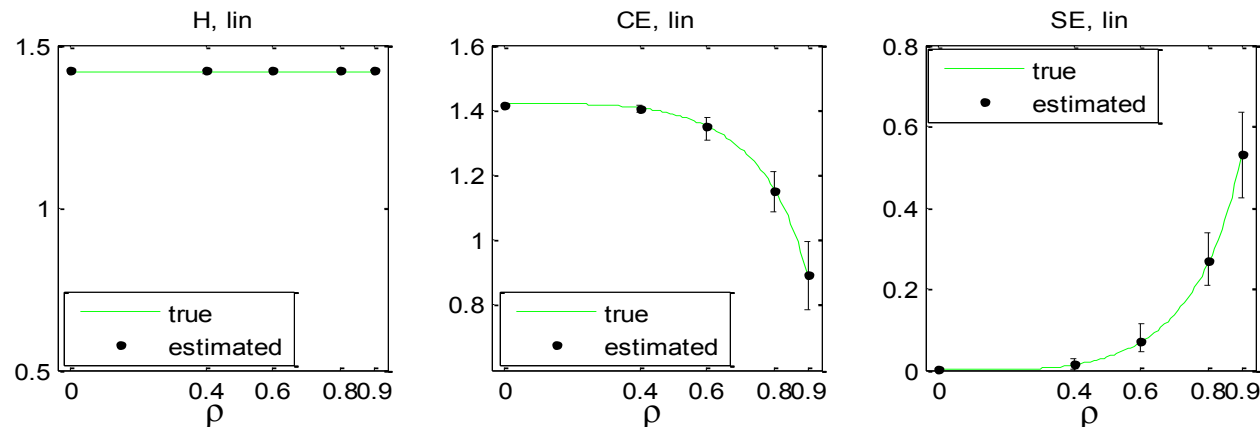
**Autoregressive polynomial:**  $A(L) = 1 - 2\rho \cos 2\pi f L - \rho^2 L^2$   
sets stochastic oscillation with amplitude  $\rho$  and frequency  $f$

**Fractional differencing:**  $(1-L)^d = \sum_{k=0}^{\infty} \frac{\Gamma(k-d)L^k}{\Gamma(-d)\Gamma(k+1)}$   
sets long-range correlations depending on the differencing parameter  $d$

- Estimation of Entropy, Conditional Entropy and Information Storage

$$S_Y = I(Y_n; Y_n^-) = H(Y_n) - H(Y_n | Y_n^-) \quad L=2 \rightarrow Y_n^- \cong Y_n^L = [Y_{n-1} Y_{n-2}]$$

- Estimation: **theoretical profiles** and **estimates, linear method**

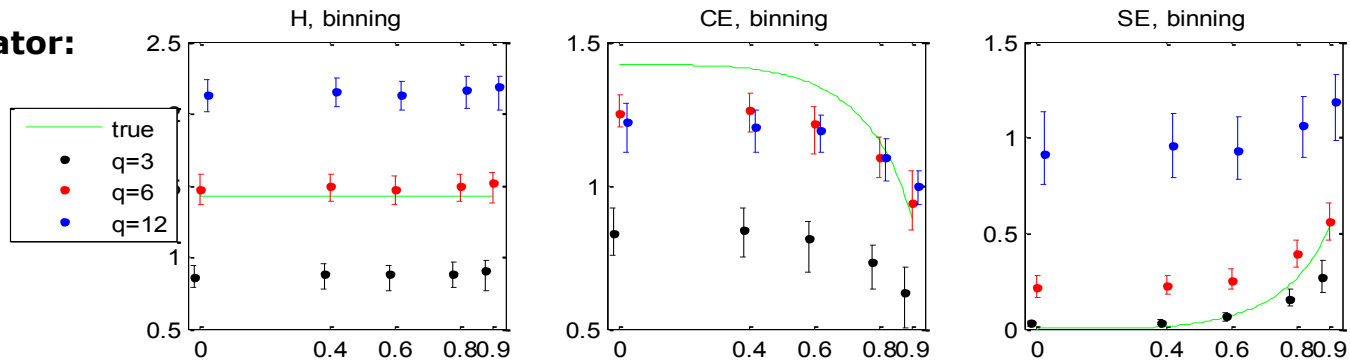




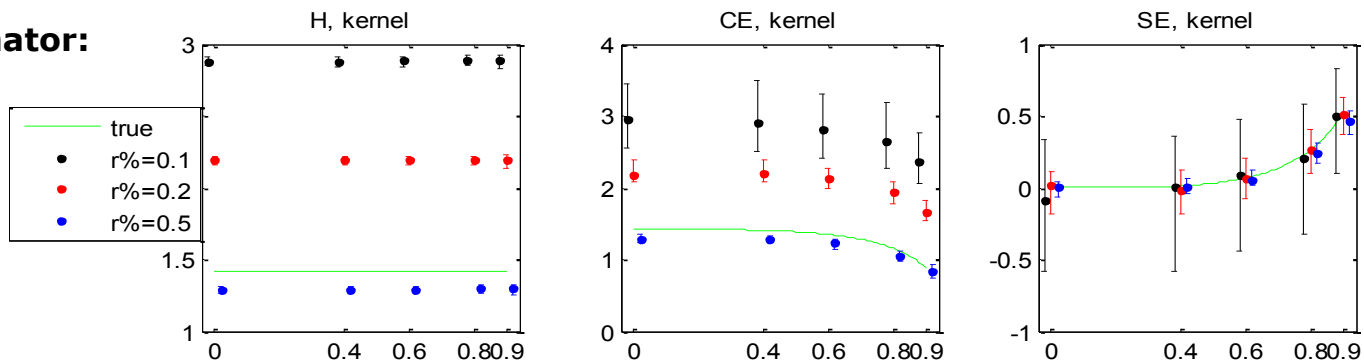
# ESTIMATION: SIMULATION EXAMPLE

- Estimation: **theoretical profiles** and **estimates**, non-parametric model-free methods

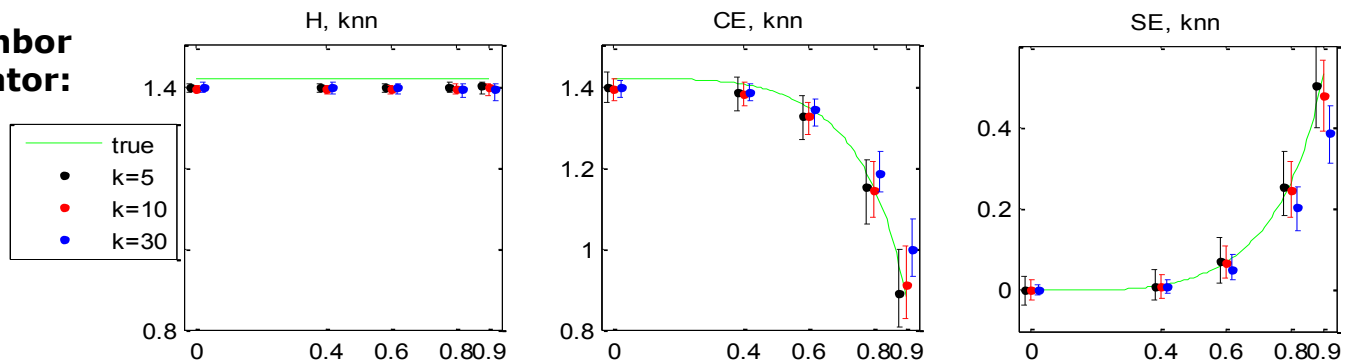
## Binning estimator:



## Kernel estimator:



## Nearest neighbor estimator:





## MODEL-FREE ESTIMATION: APPROXIMATION OF THE SYSTEM PAST

- **Uniform embedding (UE):**  $X_n^- \approx [X_{n-m_X} \dots X_{n-L_X m_X}]$      $Y_n^- \approx [Y_{n-m_Y} \dots Y_{n-L_Y m_Y}]$

*UE introduces irrelevant and redundant components*  $\rightarrow$  **Curse of dimensionality**

- **Non-uniform embedding (NUE):** The embedding vector is formed progressively, including at each step the lagged variable better describing the target process

- **Sequential procedure:**

- (a)  **$k=0$ : Initialization**

Set of initial candidate components (e.g.,  $\Omega = \{X_{n-1}, \dots, X_{n-L}, Y_{n-1}, \dots, Y_{n-L}\}$ )

Initial embedding vector:  $V_n^{(0)} = [\cdot]$

- (b)  **$k \geq 1$ : Selection – maximum relevance, minimum redundancy**

Select the component  $W_n \in \Omega$  that maximizes  $I(Y_n, W_n | V_n^{(k-1)}) \rightarrow V_n^{(k)} = [\hat{W}_n, V_n^{(k-1)}]$

- (c) **Termination – randomization test**

Generate  $N$  surrogates of  $\hat{W}_n$  by sample shuffling:  $\hat{W}_n^{(S_1)}, \dots, \hat{W}_n^{(S_N)}$ ; Threshold for  $I(Y_n, \hat{W}_n | V_n^{(k-1)}) : I_{th}$

Stop if  $I(Y_n, \hat{W}_n | V_n^{(k-1)}) < I_{th}$ ; final set of components:  $V_n = V_n^{(k-1)}$

- (d) **After termination – embedding vector**     $V_n = [V_n^X, V_n^Y] \rightarrow X_n^- \approx V_n^X$      $Y_n^- \approx V_n^Y$



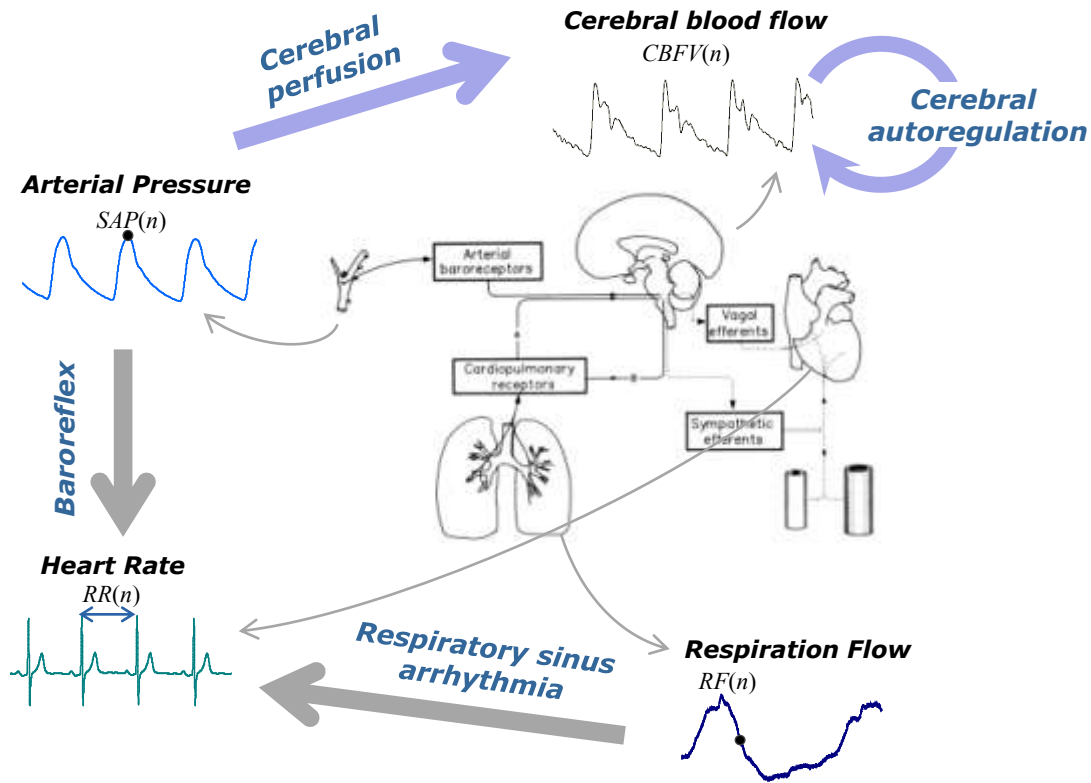
# INFORMATION DYNAMICS: APPLICATIONS TO NETWORK PHYSIOLOGY

- Short-term Cardiovascular, Cardiorespiratory, Cerebrovascular control
- Brain-heart and brain-brain interactions during sleep
- Brain networks (EEG, fMRI) and muscular networks (EMG)



# PRACTICAL APPLICATIONS OF INFORMATION DYNAMICS

## Network of cardiovascular, cardiorespiratory and cerebrovascular short-term physiological interactions

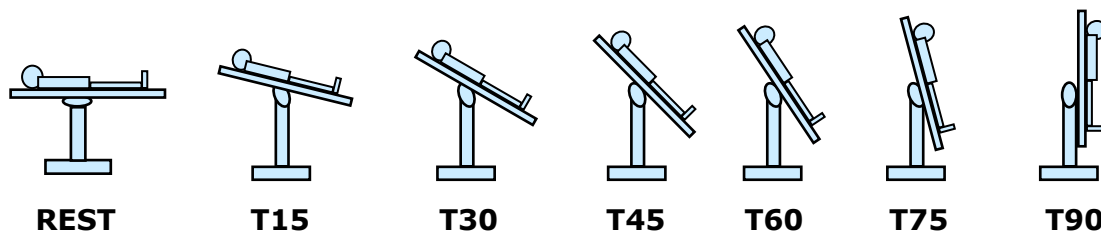




# Applications: CARDIAC CONTROL

## Graded Head-up tilt protocol

17 young healthy subjects

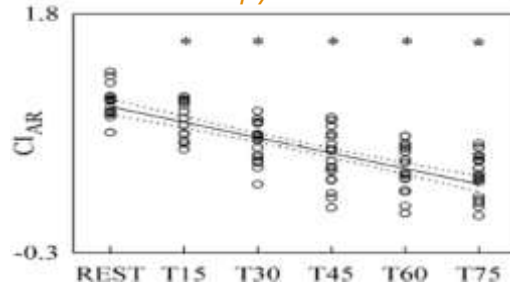


• The dynamical complexity of short-term heart period variability decreases progressively with tilt-table angle

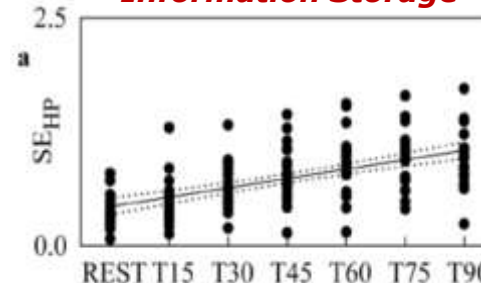
- **Linear estimator**
- **Univariate analysis**

New Information  $N_Y$   
 Information Storage  $S_Y$

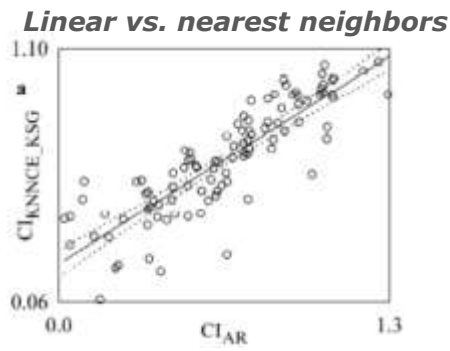
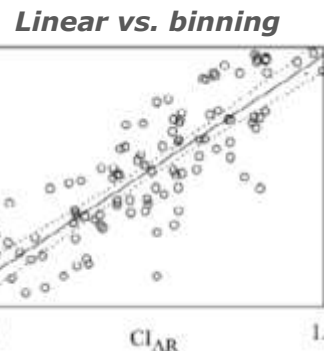
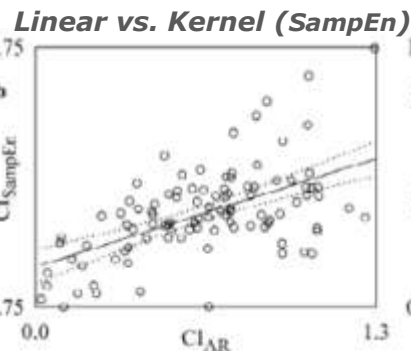
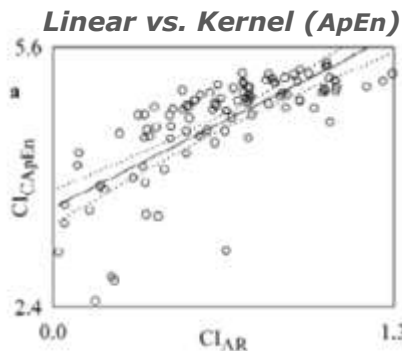
Conditional Entropy = New Information



Information Storage



• Complexity assessed by linear model-based estimators significantly correlates with model-free estimates

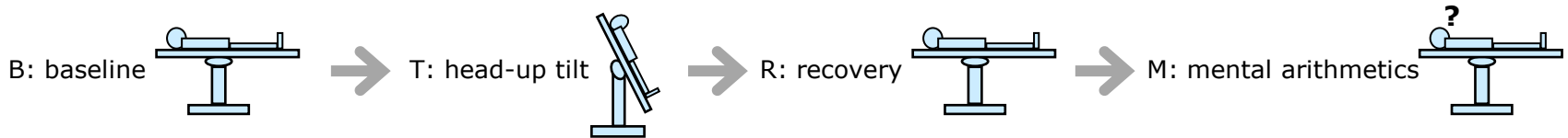






# Applications: CARDIOVASCULAR and CARDIORESPIRATORY INTERACTIONS

- **Protocol: 61 young healthy subjects during head-up tilt and mental stress tasks**



- **Measured time series:**

- Heart period (H)
- Systolic arterial pressure (S)
- Respiration (R)

300 points in each condition

- **Linear estimator**

- **Network analysis**

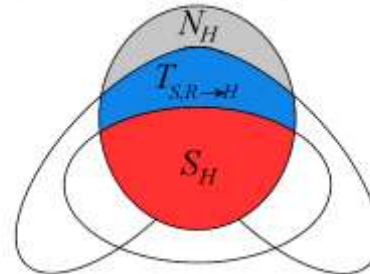
full information decomposition:

$$H_Y = N_Y + S_Y + T_{X \rightarrow Y}$$

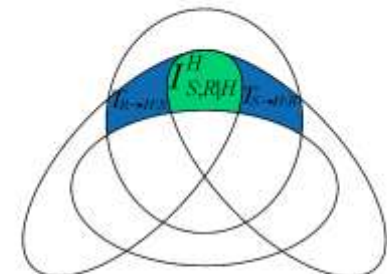
$$T_{X \rightarrow Y} = T_{X_1 \rightarrow Y|X_2} + T_{X_2 \rightarrow Y|X_1} + I_{X_1;X_2|Y}^Y$$

target:  $Y=H$

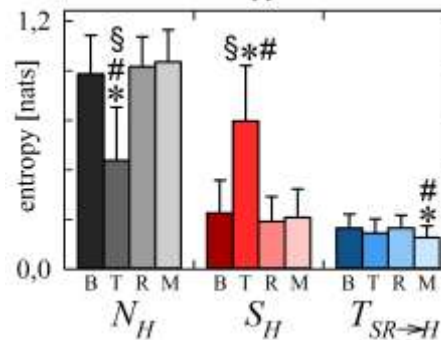
Predictive Information Decomposition



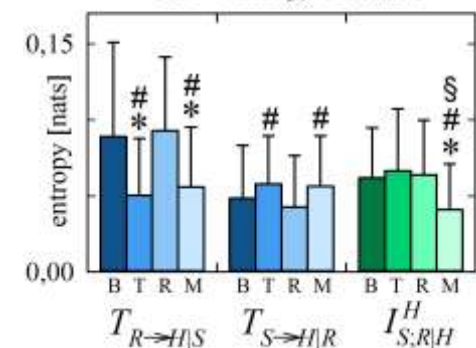
Information Transfer Decomposition



PID - Entropy measures



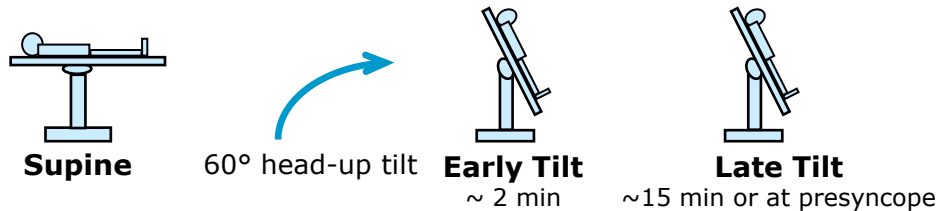
ITD - Entropy measures



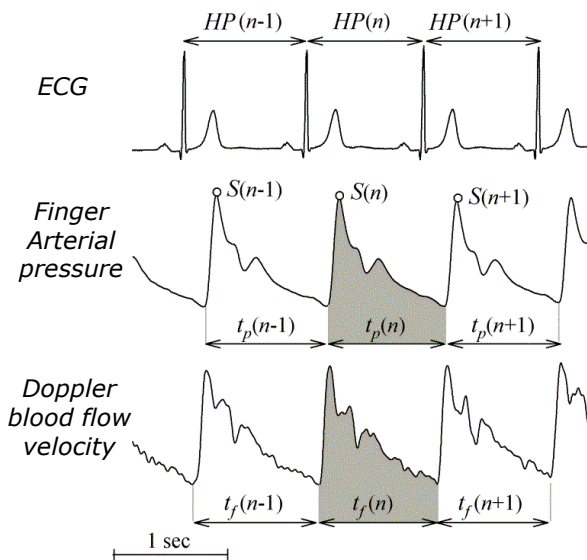


# Applications: CARDIOVASCULAR AND CEREBROVASCULAR INTERACTIONS

- **Protocol: 10 subjects with postural-related syncope**



- **Signals and time series**



- *Binning estimator with NUE*
- *Bivariate analysis, target HP or FV*

Entropy decomposition:

$$H_Y = S_Y + T_{X \rightarrow Y} + N_Y$$

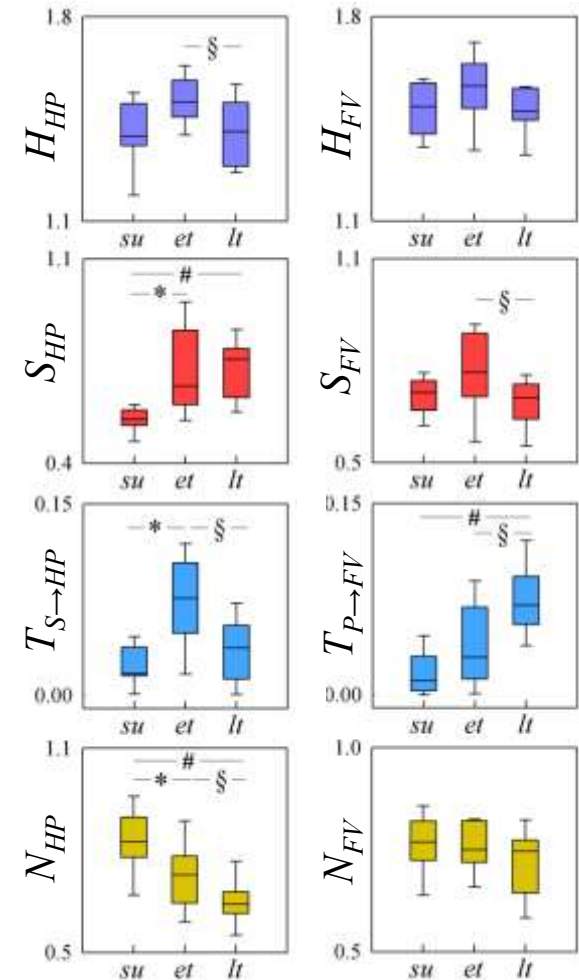
Information

Information Storage

Information Transfer

New Information

- **Results**





# PRACTICAL APPLICATIONS OF INFORMATION DYNAMICS

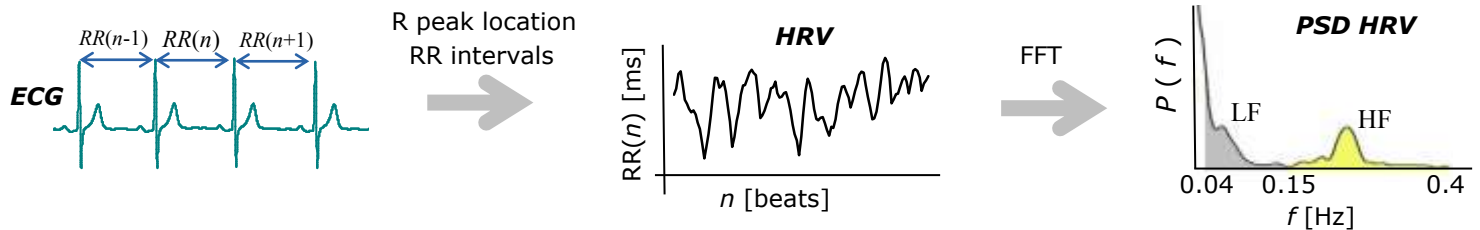
## Network of *brain-heart* and *brain-brain* physiological interactions during sleep

- Spectral analysis of EEG activity

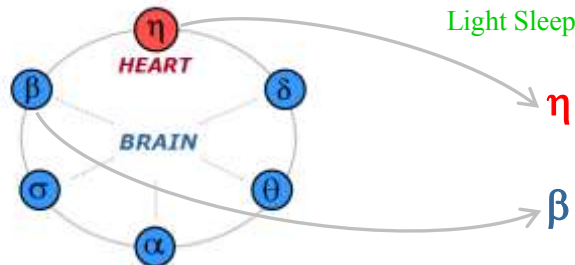


Brain wave amplitudes:  
 $P_\delta, P_\theta, P_\alpha, P_\sigma, P_\beta$

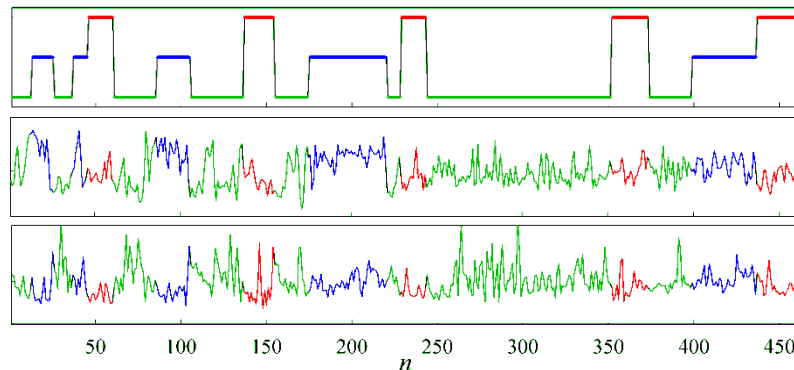
- Spectral analysis of heart rate variability (HRV)



Network of dynamic processes:



REM  
Deep Sleep  
Light Sleep

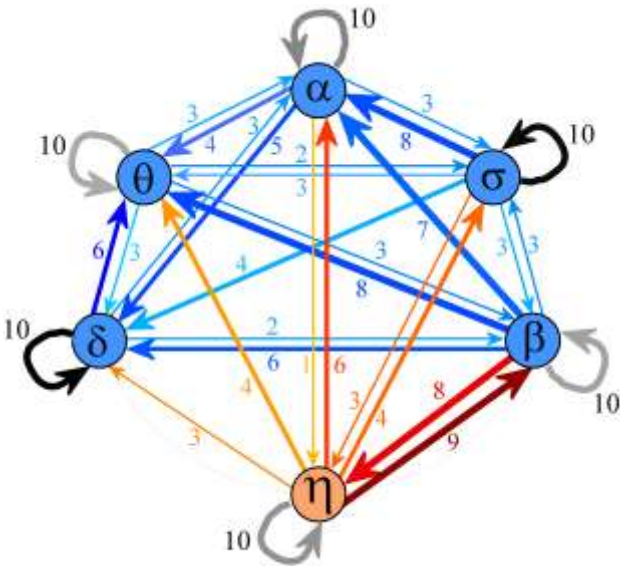




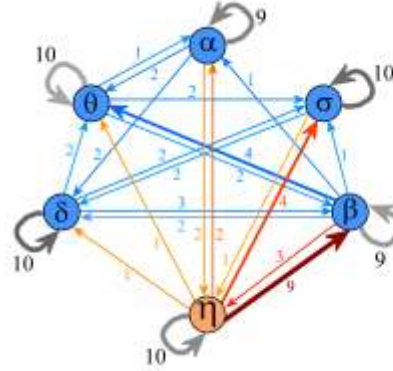
# Applications: BRAIN-BRAIN AND BRAIN-HEART INTERACTIONS

- **Protocol: full night polysomnography in 10 healthy subjects**
- **Linear estimator**
- **Network analysis** Conditional information transfer + internal information  
Statistical significance assessed by F-test

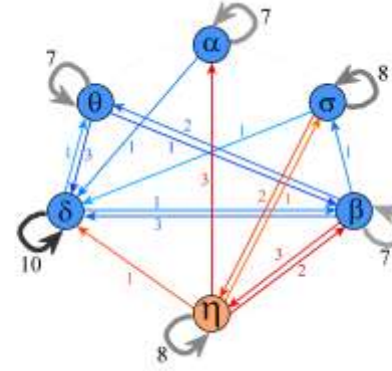
Full Night



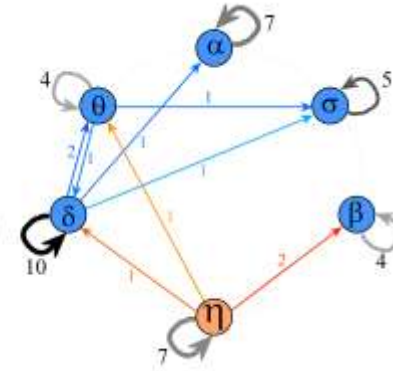
Light Sleep



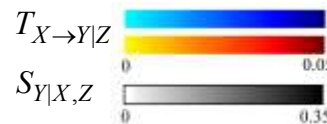
Deep Sleep



REM Sleep



Information Transfer: brain-heart brain-brain Internal Information: internal dynamics



N. of subjects with statistically significant link:  
 $n=1-3$   $n=4-6$   $n=7-10$

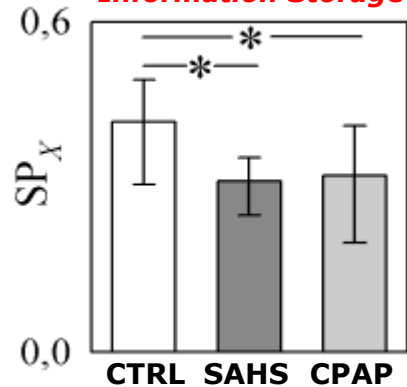
**Structured brain-heart and brain-brain network, with the EEG  $\beta$  wave acting as network hub**  
**The interaction network is sustained by the sleep stage transitions**



## Applications: BRAIN-HEART INTERACTIONS IN SLEEP APNEAS

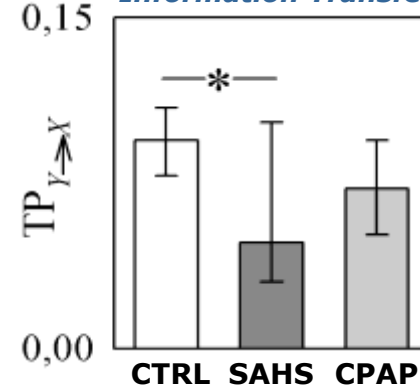
- ✓ 8 sleep apnoea-hypopnoea patients **SAHS**
- ✓ same patients after continuous positive airway pressure therapy **CPAP**
- ✓ 14 healthy controls **CTRL**

### Cardiac Information Storage



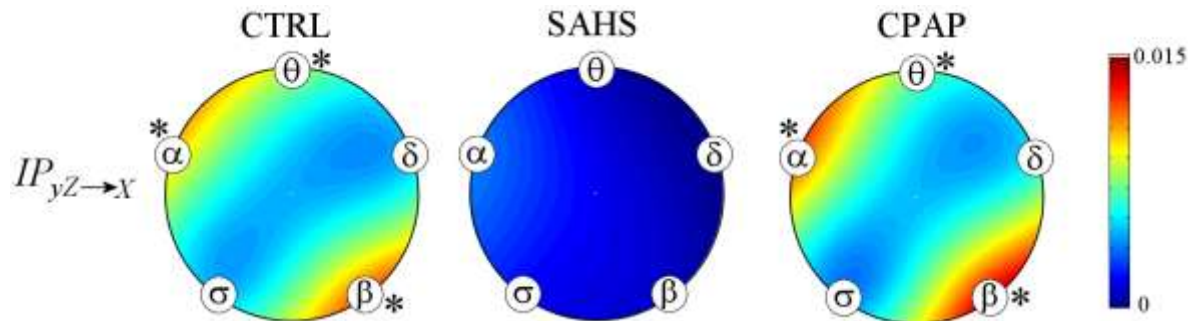
*Cardiac dynamics are more complex during sleep apneas, with no recovery after treatment*

### brain → heart Information Transfer



*brain → heart causal interactions are impaired by sleep apneas, and partially restored by CPAP therapy*

### brain → heart Information Modification



*Redundancy is a feature of undisturbed sleep, lost in SAHS and recovered by treatment*



# Applications: MULTISCALE BRAIN-HEART INTERACTIONS

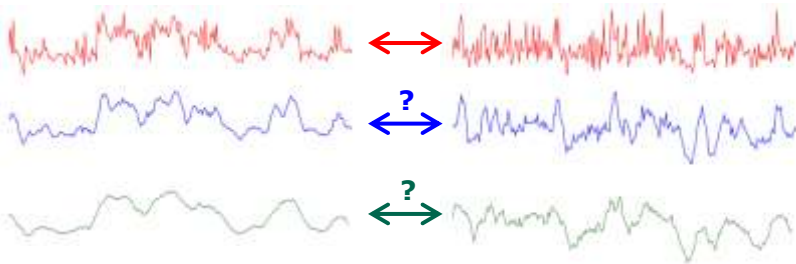
Cardiac dynamics

Brain dynamics

time scale 1

time scale 5

time scale 12



• **Multiscale methods to study individual dynamics are well established** [M Costa et al, Phys. Rev. Lett. 89, 2002]

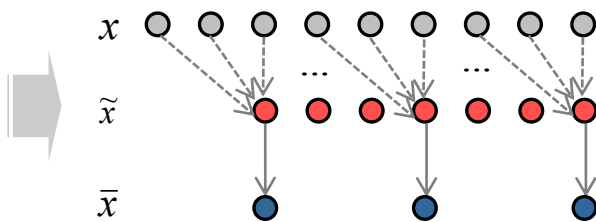
• **Multiscale computation of information transfer is non-trivial**

## Exact computation of Information Dynamics for multivariate Gaussian processes

• **Procedure for rescaling a (vector) time series**

$$Y_n = \{x_n, y_n\} \quad n = 1, \dots, N$$

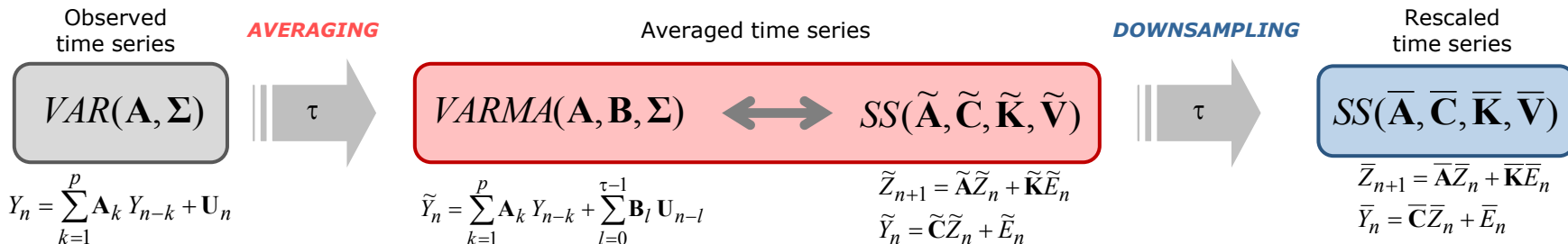
$$\bar{x}_n = \frac{1}{\tau} \sum_{l=0}^{\tau-1} x_{n\tau-l}, \quad \bar{y}_n = \frac{1}{\tau} \sum_{l=0}^{\tau-1} y_{n\tau-l}$$



1) **AVERAGING**  $\tilde{x}_n = \frac{1}{\tau} \sum_{l=0}^{\tau-1} x_{n\tau-l}, \quad n = \tau, \dots, N$

2) **DOWNSAMPLING**  $\bar{y}_n = \tilde{y}_{n\tau}, \quad n = 1, \dots, N/\tau$

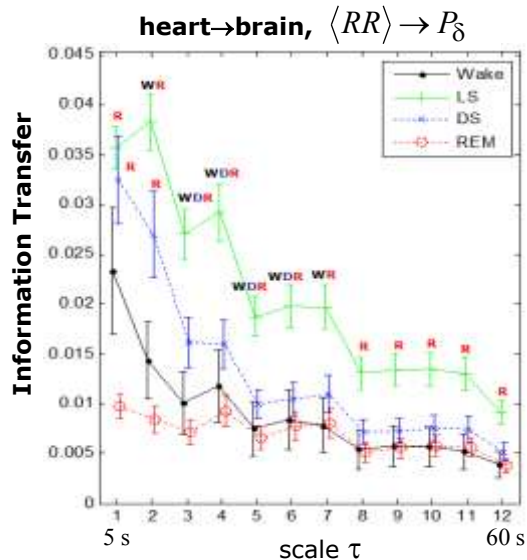
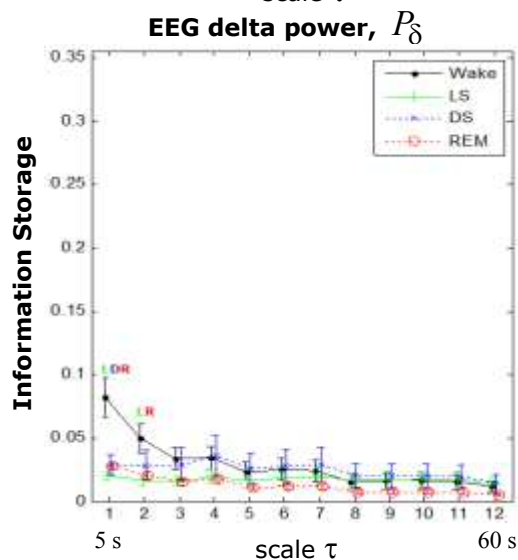
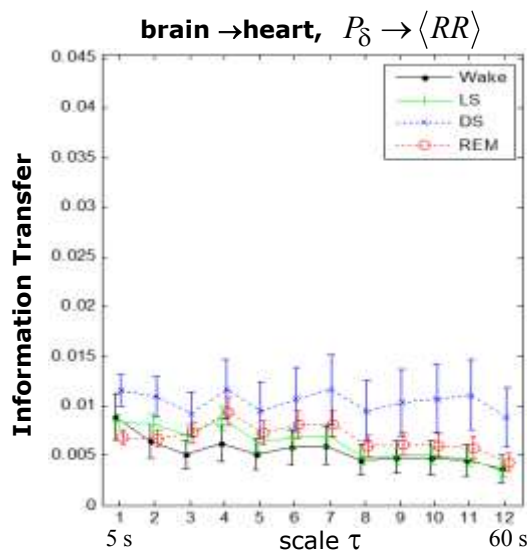
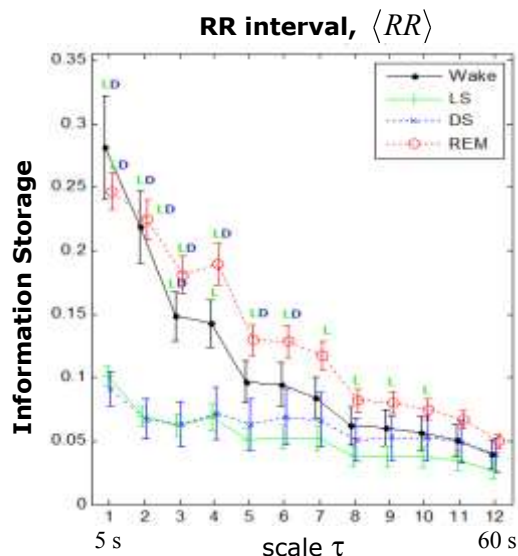
## Multiscale representation of vector Autoregressive processes using state-space models



Information dynamics after rescaling can be obtained from the original VAR parameters and the scale factor  $\tau$



# Applications: MULTISCALE BRAIN-HEART INTERACTIONS



### Wake, REM sleep :

- *High Storage of cardiac dynamics*
- *Low Storage of brain dynamics*
- *Generally low transfer*

### Light sleep , Deep sleep :

- *High transfer heart  $\rightarrow$  brain*
- *Low transfer brain  $\rightarrow$  heart*
- *Generally low storage*



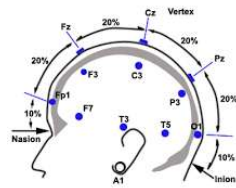
# PRACTICAL APPLICATIONS OF INFORMATION DYNAMICS

## Physiological networks: EEG brain networks and muscular networks

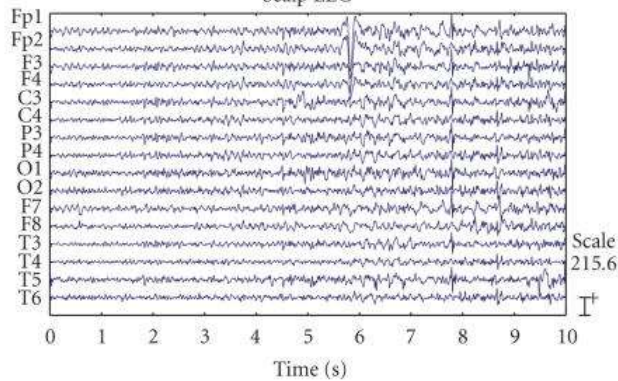
- Study of networks formed by multichannel acquisitions of the same biomedical signal

### Brain Networks

Scalp multichannel EEG

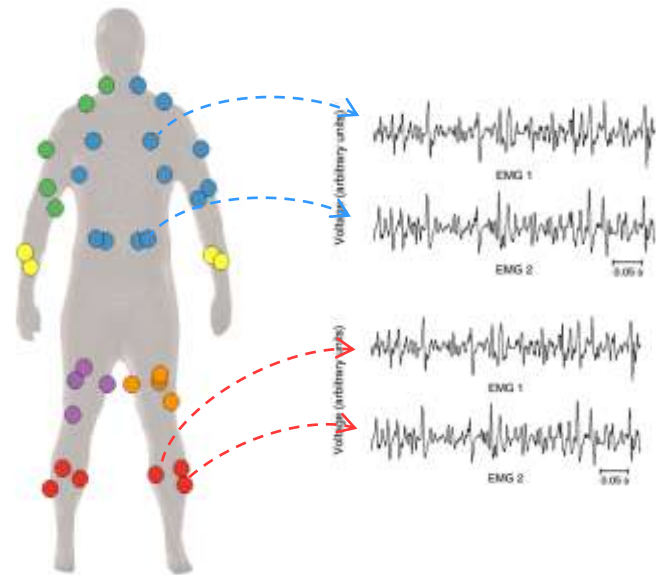


Scalp EEG



### Muscular Networks

Whole-body multichannel EMG



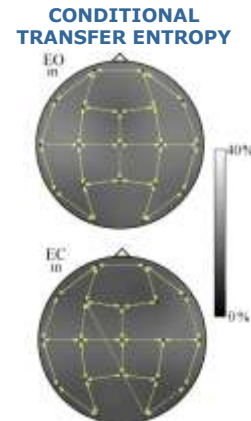
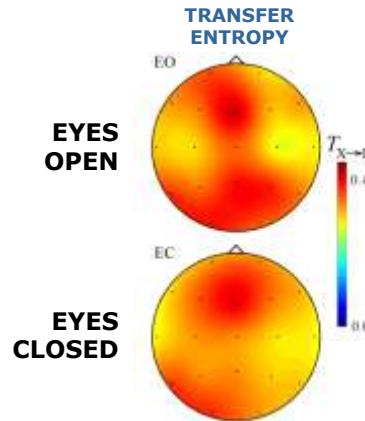
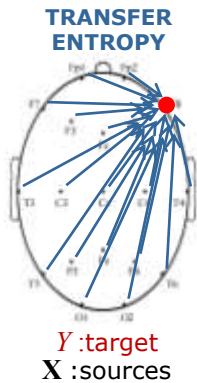




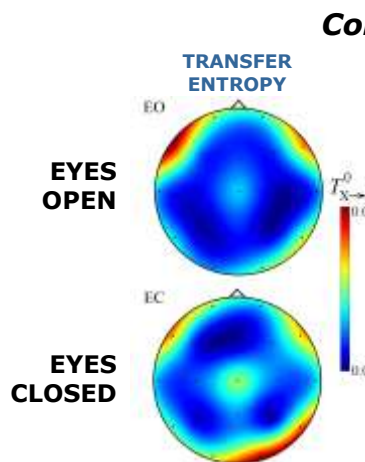
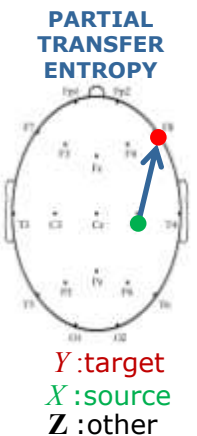
## Information Dynamics of Scalp EEG Networks

- Protocol: scalp EEG in 21 healthy subjects during eyes open and eyes closed
- Nearest neighbor estimate of information transfer and conditional information transfer between all sensors

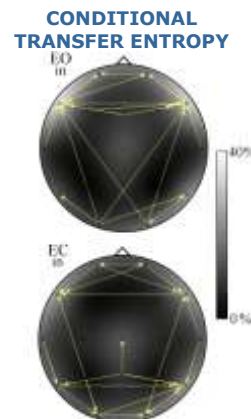
### Classical measures



- Uniform Information transfer
- Dense connectivity between adjacent sensors
- Instantaneous dependencies between all sensors
- Patterns unchanged between conditions



### Compensated measures



- Abolishment of instantaneous correlations
- Emergence of patterns of causal connectivity

- Local sinks of information flow:
- anterior during EO
  - anterior + occipital during EC



## Information Dynamics of Muscle Networks

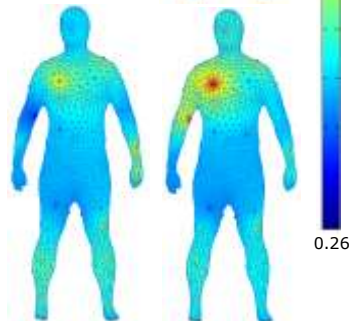
- Protocol: multichannel EMG in 14 healthy subjects
- Conditions: standing and pointing to a target during normal altered stability

### Information Storage

REST POINT

$S_j$   
0.53

NORMAL  
STABILITY

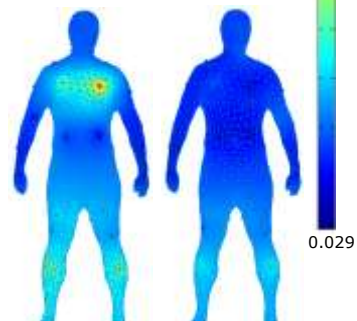


- ↑ Storage in chest at rest
- ↑ Storage with pointing
- ↑ Storage in leg muscles during instability

### Information Transfer

REST POINT

$T_j$   
0.076

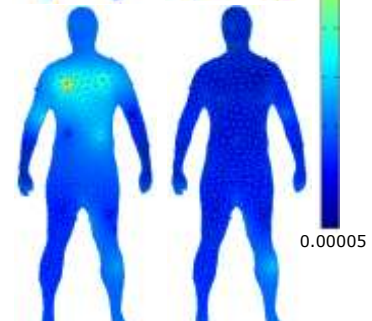


- ↑ Transfer to chest at rest
- ↓ transfer with pointing
- ↑ transfer to leg muscles during instability

### Redundant Transfer

REST POINT

$R_{ik→j}$   
0.008

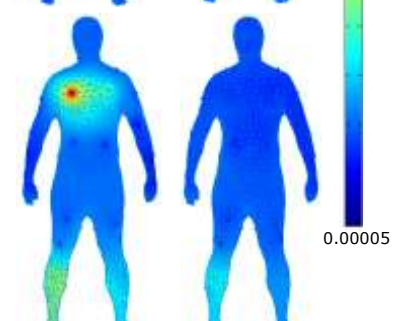


- ↑ Redundancy to chest at rest
- ↓ Redundancy with pointing

### Synergistic Transfer

REST POINT

$S_{ik→j}$   
0.003



- ↓ Synergy at rest
- ↑ Synergy to chest and leg during instability

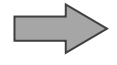


*“The human organism is an integrated network where complex physiologic systems, each with its own regulatory mechanisms, continuously interact, and where failure of one system can trigger a breakdown of the entire network”*

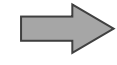
[A. Bashan et al., Nature Communications 2012]

*A new field, Network Physiology, is needed to probe the interactions among diverse physiologic systems*

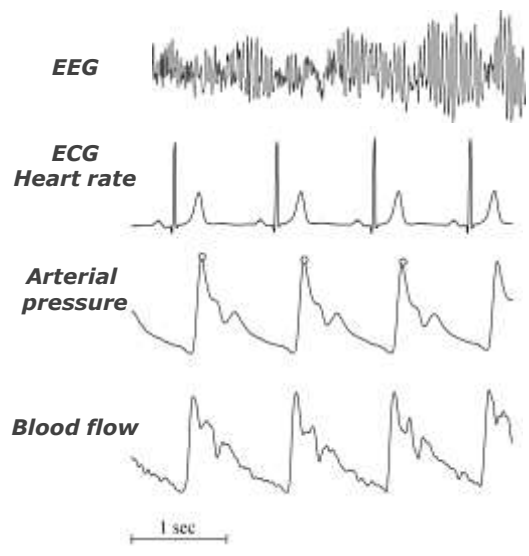
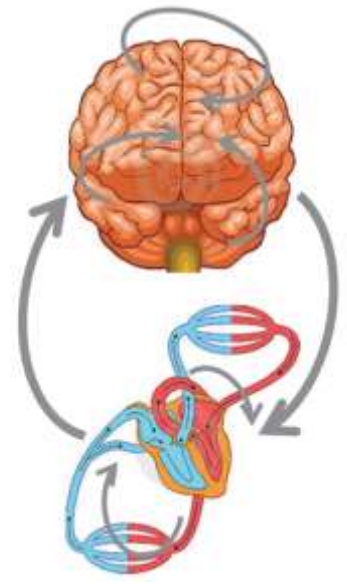
## SYSTEMS



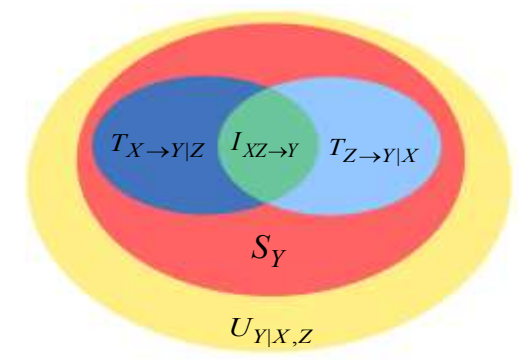
## SIGNALS



## INFORMATION DYNAMICS

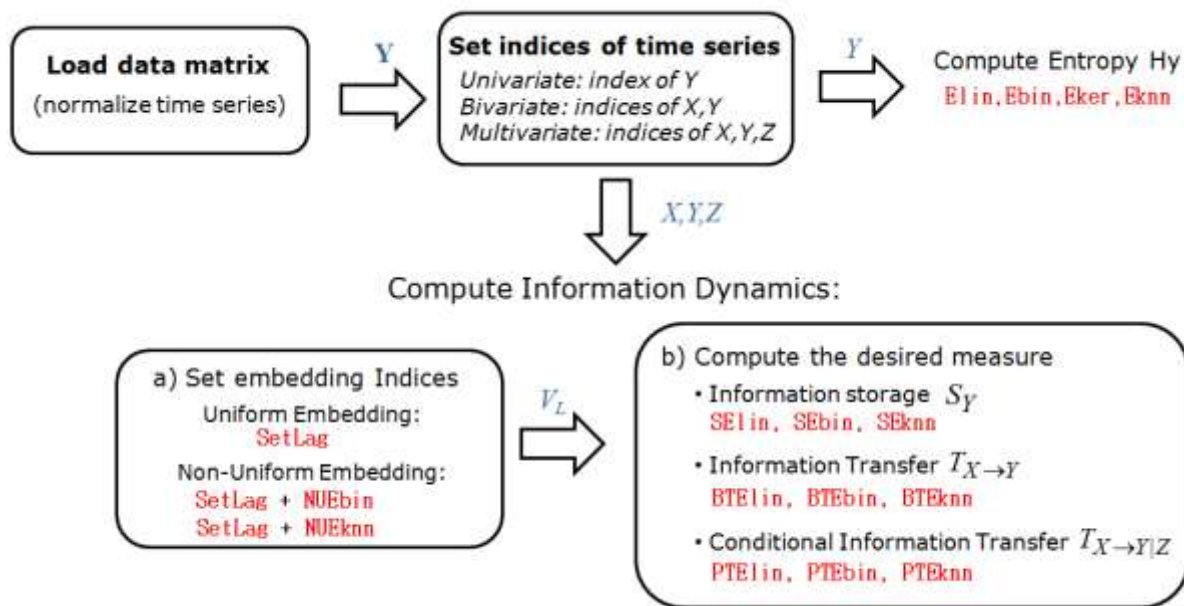


**Information Storage**  
**Information Transfer**  
**Information Modification**





# ITS Toolbox: A Matlab toolbox for the practical computation of Information Dynamics



<http://www.lucafaes.net/its.html>

[faes.luca@gmail.com](mailto:faes.luca@gmail.com)